



## Draining and Straining

*March 3, 2024*

No man is rich enough to buy back his past.

**Oscar Wilde**

Don't let the past steal your present.

**Terri Guillemets**

I *press on* to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. *But one thing I do: Forgetting what is behind ...*

**Philippians 3:12-13**

*But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*

**Philippians 3:13-14**

Only let us live up *to what we have already attained.*

**Philippians 3:16**

We will no longer be *infants*, tossed back and forth by the waves ...

**Ephesians 4:14**

Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you.

**Philippians 3:17**

Remember your leaders, who spoke the word of God to you. *Consider the outcome of their way of life and imitate their faith.*

**Hebrews 13:7**

For, as I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is on earthly things.

**Philippians 3:18-19**

Our citizenship is in heaven. And *we eagerly await a Savior from there*, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

**Philippians 3:20-21**