



In-Tensions

March 10, 2024

Joseph gave them [his brothers] carts, as Pharaoh had commanded, and he also *gave them provisions for their journey*. To each of them he gave *new clothing*, but to Benjamin he gave three hundred shekels of silver and five sets of clothes. And this is what *he sent to his father*: ten donkeys loaded with the best things of Egypt, and ten female donkeys loaded with *grain and bread* and other provisions for his journey. Then he sent his brothers away, and as they were leaving he said to them, “*Don’t quarrel on the way!*”

Genesis 45:21-24

INTENSIONS – IN-TENSIONS

What *causes* fights and quarrels *AMONG* you? Don’t they come from *your desires* that battle within you?

James 4:1

I plead with Euodia and I plead with Syntyche to agree with each other in the Lord.

Philippians 4:2

Yes, and I ask you, loyal yokefellow, *help these women* who have *contended at my side in the cause of the gospel*, along with Clement and the rest of my fellow workers, *whose names are in the book of life*.

Philippians 4:3

Rejoice in the Lord always. I will say it again: Rejoice!

Philippians 4:4

With the tongue *we praise our Lord and Father*, and with it *we curse men*, who have *been made in God’s likeness*. Out of the same mouth come *praise and cursing*. My brothers, *this should not be*. Can both fresh water and salt water flow from the same spring? My brothers, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

James 3:9-12

Let your gentleness be evident to all. *The Lord is near*.

Philippians 4:5

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8

Whatever you have learned or received or heard from me, or seen in me—*PUT IT INTO PRACTICE*. And the God of peace will be with you.

Philippians 4:9