



Envy

February 23rd, 2025

Thomas Aquinas – Sorrow at someone else’s good

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

Philippians 4:12-13

“Contentment means being satisfied and at rest with where God has you, despite what’s happening around you.”

Tony Evans

When the LORD saw that Leah was not loved, he enabled her to conceive, but Rachel remained childless.

Genesis 29:31

Now when Rachel saw that she bore Jacob no children, Rachel envied her sister, and said to Jacob, “Give me children, or else I die!”

Genesis 30:1

Then she said, “Here is Bilhah, my servant. Sleep with her so that she can bear children for me and I too can build a family through her.”

Genesis 30:3

“What comes out of a person is what defiles them. For it is from within, out of a person’s heart, that evil thoughts come—sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and defile a person.”

Mark 7:22

Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind.

1 Peter 2:1

Let us not become conceited, provoking and envying each other.

Galatians 5:26

Kish had a son named Saul, as handsome a young man as could be found anywhere in Israel, and he was a head taller than anyone else.

1 Samuel 9:2

Saul answered, “But am I not a Benjamite, from the smallest tribe of Israel, and is not my clan the least of all the clans of the tribe of Benjamin? Why do you

say such a thing to me?”

1 Samuel 9:21

Now go, attack the Amalekites and totally destroy all that belongs to them.

1 Samuel 15:3

But Saul and the army spared Agag and the best of the sheep and cattle, the fat calves and lambs—everything that was good.

1 Samuel 15:9

Saul was very angry; this refrain displeased him greatly. “They have credited David with tens of thousands,” he thought, “but me with only thousands. What more can he get but the kingdom?” And from that time on Saul kept a close eye on David.

1 Samuel 18:8

“I saw that all labor and all achievement spring from man’s envy of his neighbor. This too is meaningless, a chasing after the wind.”

Ecclesiastes 4:6

Better one handful with tranquility than two handfuls with toil and chasing after the wind.

Ecclesiastes 4:6

A heart at peace gives life to the body, but envy rots the bones.

Proverbs 14:30

Praise the Lord, my soul; all my inmost being, praise his holy name.

Psalm 103:1

Praise the Lord, my soul, and forget not all his benefits

Psalm 103:1-2

The Lord works righteousness and justice for all the oppressed.

Psalm 103:6

For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west so far has he removed our transgressions from us.

Psalm 103:11-12

Praise the Lord, all his works everywhere in his dominion. Praise the Lord, my soul.

Psalm 103:22