



## **GO: Know**

August 17<sup>th</sup>, 2025

O Lord, you have searched me and *you know me*. You *know* when I sit and when I rise; you *perceive* my thoughts from afar. You *discern* my going out and my lying down; you are *familiar* with all my ways.

**Psalm 139:1-3**

... he knows *the secrets of the heart* ...

**Psalm 44:21**

... you alone know *the hearts of all men*.

**1 Kings 8:39**

The Lord searches every heart and *understands every motive behind the thoughts*.

**1 Chronicles 28:9**

You *know me*, O Lord; you *see me* and *test my thoughts* about you.

**Jeremiah 12:3**

Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. But even the hairs of your head are all numbered. Fear not, therefore; *you are of more value* than many sparrows.

**Matthew 10:29-31**

When Jesus reached the spot, he looked up and said to him, “Zacchaeus, come down immediately. I must *stay at your house* today.”

**Luke 19:5**

So he came down *at once* and *welcomed* him *gladly*.

**Luke 19:6**

When I *kept silent*, my bones wasted away through my groaning all day long. For day and night *your hand was heavy upon me*; my *strength was sapped* as in the heat of summer. *Then I acknowledged my sin* to you and *did not cover up my iniquity*.

**Psalms 32:3-5**

Confess your sins *to each other* and pray *for each other* so that you may be *healed*.

**James 5:16**

**Depression rates: 1999-2019: 33% increase**

**Teens hopelessness: 2009-2021: 44% increase**

**No close friends: 1990-2020: quadrupled**

**54% Americans: no one knows them well**

**36% Americans feel lonely most of the time**

**In theory, it should be possible to *repair yourself alone*. In theory, it should be possible to *understand yourself, especially the deep broken parts of yourself*, through *introspection*. But the research clearly shows that *introspection is overrated*.**

**David Brooks, *How To Know a Person***

The purposes of a person's *HEART* are deep waters, *but one who has insight draws them out*.

**Proverbs 20:5**

As water reflects the face, *so one's life reflects the heart*.

**Proverbs 27:19**

Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him *a spring of water welling up to eternal life*." The woman said to him, "Sir, *give me this water* so that I won't get thirsty and have to keep coming here to draw water."

**John 4:13-15**

Let your conversation be always full of grace, *seasoned with salt*, so that you may know how to answer everyone.

**Colossians 4:6**

Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anybody out of anything, I will pay back four times the amount."

**Luke 19:8**

Jesus said to him, "Today salvation has come to this house ..."

**Luke 19:9**