

# From Loneliness to Friendship

October 19th, 2025

58% of U.S. adults consider themselves lonely, according to a 2023 Cigna study.

Gen Z is the loneliest generation, with 73% reporting loneliness, despite being the most digitally connected.

In a recent Barna study of 15,000 people surveyed, only a third of young adults surveyed feel cared for by others.

The Lord would speak to Moses face to face, as one speaks to a friend.

#### **Exodus 33:11**

"But you, Israel, my servant, Jacob, whom I have chosen, you descendants of Abraham my friend."

#### Isaiah 41:8

Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

**Romans 5:7-8** 

"Greater love has no one than this, that he lay down his life for his friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you."

John 15:13-15

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends.

John 15:12-13

So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.

Matthew 5:23-24

My prayer is not for them alone. I pray also for those who will believe in me through their message, that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me.

John 17:20-21

## Unity - state of being undivided; having oneness; a condition of harmony.

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

#### 2 Corinthians 10:3-4

"Faithful are the wounds of a friend..."

#### Proverbs 27:6

Then Elijah said to them, "I am the only one of the Lord's prophets left."

### 1 Kings 18:22

"I am the only one left, and now they are trying to kill me too."

### 1 Kings 19:10

The Lord said to him, "Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram. Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet."

### 1 Kings 19:15-16

"As surely as the Lord lives and as you live, I will not leave you."

### 2 Kings 2:2

"As surely as the Lord lives and as you live, I will not leave you."

### 2 Kings 2:4

Elisha saw this and cried out, "My father! My father! The chariots and horsemen of Israel!" And Elisha saw him no more. Then he took hold of his garment and tore it in two.

2 Kings 2:12