



## Self Denial

May 31<sup>st</sup>, 2026

*This is to be a lasting ordinance for you: On the tenth day of the seventh month you must deny yourselves and not do any work—whether native-born or a foreigner residing among you—because on this day atonement will be made for you, to cleanse you. Then, before the Lord, you will be clean from all your sins. It is a day of sabbath rest, and you must deny yourselves; it is a lasting ordinance.*

*Leviticus 16:29-31*

*But only the high priest entered the inner room, and that only once a year, and never without blood, which he offered for himself and for the sins the people had committed in ignorance.*

*Hebrews 9:7*

*He shall take some of the bull's blood and some of the goat's blood and put it on all the horns of the altar.*

*Leviticus 16:18*

*He is to cast lots for the two goats—one lot for the Lord and the other for the scapegoat.*

*Leviticus 16:8*

*It is impossible for the blood of bulls and goats to take away sins.*

*Hebrews 10:4*

*Because on this day atonement will be made for you, to cleanse you. Then, before the Lord, you will be clean from all your sins.*

*Leviticus 16:30*

*“Woe to me!” I cried. “I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty.” Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. With it he touched my mouth and said, “See, this has touched your lips; your guilt is taken away and your sin atoned for.”*

*Isaiah 6:5-7*

But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, and by His stripes we are healed.

*Isaiah 53:5*

As far as the east is from the west, so far has he removed our transgressions from us.

*Psalms 103:12*

*But when Christ came as high priest of the good things that are now already here, he went through the greater and more perfect tabernacle that is not made with human hands, that is to say, is not a part of this creation. He did not enter by means of the blood of goats and calves; but he entered the Most Holy Place once for all by his own blood, thus obtaining eternal redemption.*

*Hebrews 9:11-13*

Deny - > Atonement | Atonement - > Deny

*Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me."*

*Matthew 16:24*

*"For whoever wants to save their life will lose it, but whoever loses their life for me will find it. What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?"*

*Matthew 16:25-26*

*For to me, to live is Christ and to die is gain.*

*Philippians 1:21*

*The next day he saw Jesus coming toward him, and said, "Behold, the Lamb of God, who takes away the sin of the world!"*

*John 1:29*